
Leadership, Coaching & Board Effectiveness

Supporting directors, boards and senior leaders to thrive



Our Offering

At Arolla, we provide independent executive coaching, leadership development and board effectiveness support to directors, board members and senior leadership teams.

In today's increasingly complex business environment, leaders are expected to navigate uncertainty, manage stakeholder expectations and lead organisations through change often without an independent sounding board.

Our services are designed to support leaders and boards in becoming more effective, resilient and self-aware while strengthening communication, governance and decision-making across organisations.

> Independence

Independent support is invaluable for directors and senior leaders operating in close-knit business environments.

We provide objective challenge, confidential guidance and external off island perspective, helping leaders think clearly and navigate complex organisational dynamics with confidence.

> Expectations

Our aim is to help leaders and boards become more confident, aligned and effective.

By investing in leadership development and coaching, organisations can strengthen communication, resilience, governance and decision-making.

> Collaboration

We partner closely with clients to create trusted relationships built on discretion, honesty and constructive challenge.

Our work may include:

- One-to-one executive coaching
- Board effectiveness and team coaching
- Leadership development programmes
- Networking and relationship-building workshops

> Delivery

We work alongside organisations, boards and individual leaders to provide tailored coaching, board development and leadership support.

Our approach is practical, collaborative and designed around the specific needs of each client.

Why you need us

➤ Executive & Board Leadership

Leadership can often feel isolating, particularly at director and board level where expectations and scrutiny are high.

Having an experienced, independent adviser provides leaders with the opportunity to reflect openly, explore challenges and gain valuable perspective in a confidential environment.

➤ Board Effectiveness

The most effective boards are those able to foster trust, healthy challenge and strong communication.

We support boards and leadership teams in improving dynamics, strengthening relationships and encouraging more effective decision-making and governance practices.

➤ Leadership Development

The strongest leaders recognise the importance of continual personal development.

Our coaching supports leaders in developing authentic leadership styles, building resilience and becoming the best leader they can be.

Other Services

- Executive Coaching
- Team Coaching
- Board Effectiveness Reviews
- Leadership Development
- Governance Support
- Networking & Relationship-Building Workshops
- Facilitation & Strategic Leadership Conversations

Contact us

To find out more about Arolla's leadership, coaching and board effectiveness services, please contact the team.



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Ian White
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Ian is a consultant specialising in Board Effectiveness Reviews and coaching with clients ranging from FTSE100 companies to not for profits. Earlier on in his career he had 20 years' experience in Executive roles (principally General Counsel/Company Secretary) and is the co-author of Your Role as General Counsel: How to Survive and Thrive in Your Role.

As well as his Board work Ian is an APECS Certified Professional Executive Coach and trained as a Team Coach with Meyler Campbell. He is also a CEDR (Centre for Effective Dispute Resolution) Accredited Mediator.

Ian is the Course Director of the Cranfield Non-Executive Director Programme, a Founder member Board Effectiveness Guild, regularly publishes on governance matters in journals such as Governance and consults on leadership matters for in-house and private practice lawyers.

His full biography can be found at www.ianrobertwhite.co.uk



Sandra Platts
Arolla Client Director & Coaching
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Sandra is a Guernsey resident Independent Non Executive Director with strong strategic and leadership skills, with finance experience of over 30 years. A strong background and knowledge of corporate governance and risk management in the Banking arena.

Commercially focused, with an operational background which shows itself in attention to detail. During her executive career, Sandra has been a proven strong leader of change programmes and developing people through change. Sandra is a qualified coach with Meyler Campbell.



Neil Munz-Jones
Consultant - Coaching,
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Neil is a UK based consultant, with strong links to the Channel Islands. Following a near 20-year career in multinational organisations in the banking, retail and manufacturing sectors, he founded his own advisory business in 2005 focussed on strategy and change for consumer-facing businesses.

He published The Reluctant Networker in 2010 and regularly gives inspirational talks to help the many 'reluctant' networkers become 'effective' networkers. Clients include numerous professional services firms, where his talks are well-received at all levels of the organisation.

In 2020 he qualified as an Executive Coach. His coaching clients work across the business, professional services and not for profit sectors and his speciality is "helping introverted leaders find their voice". He is also a seasoned business mentor, where his work includes supporting young entrepreneurs via The King's Trust.

His full biography can be found at www.neilmunzjones.com



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